

“JOIN THE FAST” – Elections 2019

Together we are crossing over!

On New Year's Day 2019 God spoke very directly to Janet Brann-Hollis, an established prophetic voice in this nation, about South Africa at this juncture - and its future course.

God showed Janet that as we approach the 2019 general election, SA is at a decisive tipping point, a point with two optional outcomes:

On the one hand SA is being sold out to demonic forces of witchcraft, fascism, communism, hatred and racism. This is besides all the moral degradation and corruption that has taken SA to the edge of an economic precipice - one which may soon trigger that ultimate signifier of ruin and devastation, a bailout by the International Monetary Fund.

On the other hand a great, great wave of God's transformational glory is building up and is about to break over this land. It is a wave of dimensions never seen before, a tsunami reaching up and filling the space between heaven and earth. It will simultaneously distribute the unending wealth of heaven across the land and saturate our parched earth so deeply that the water table will be raised, causing deep dry wells to bubble up, streams to break open and great rivers of resurrection life to pump through our families, communities, churches, government, economy and every aspect of life important to this nation.

But it is up to us as South Africans to decide on which we course we take. God has said: “Ask of me, ask of me and I will make the nations your inheritance”. This includes kingdom possession of our own country, South Africa.

God has also said ask of heaven! Ask of heaven, that collectively we may know the hope to which He has called us, that collectively we may know the riches of the glory of His inheritance in us and that collectively we may experience the immeasurable greatness of his power toward us who believe, according to his great might. Indeed, that we will experience the goodness of God in the land of the living! There can be no question that we need to follow the path of holiness through fasting and sincere repentance. We need to clean our own hearts and to ask God to bring our leaders in government and the church to true repentance. We also need, as a nation, to repent of our present hostile posture towards Israel. South Africa needs to return its ways to God and its heart to Israel.

WHAT ARE WE FASTING FOR?

- For SA to be realigned to its true destiny, call and kingdom purpose;
- For the kingdom of God to become fully manifest across the length, breadth and height of SA;
- For a profound and increasing awakening among believers as to their vital role and responsibility in ushering in a just and godly government - and maintaining it.

This will require that South Africans are awakened in a number of areas:

- That we are ALL awakened to the plight of the next generation should SA continue along an ungodly trajectory;
- That we are ALL fully awakened to the dangers of division and self interest;
- That we ALL grasp the need to be transformed into a united nation of patriots - a people that genuinely honours their homeland and put its interests above traditional political camps;
- That South Africans become active citizens, fully alive to their responsibilities in their affairs of this nation - including the need to vote; and
- As voters we need to seek God for His choice of candidate, not to be led by political rhetoric but by the voice of God.

ASK OF HEAVEN!!!

Ask heaven for:

- A NEW ORDER of governance in SA, for a government with leaders who put God first.

Ask of heaven for:

- The emergence of a new breed of political leaders, men and women of HIS CHOICE, Josephs of great wisdom, great integrity and great capability.

DECREE

Begin to focus on the voting process. Pray and decree that:

- The electoral process will a fraud and corruption-free zone;
- That the equipment of the IEC will be fine-tuned to subvert the inclusion of any fraudulent names/addresses;
- That the head of the IEC and the staff will be righteously impeccable.

WHAT DO WE EXPECT TO ACCOMPLISH THROUGH THIS FAST?

- To witness a complete course change in the destiny of our nation;
- To see a cohort of righteous leaders take office - irrespective of their political affiliations, but with righteous government as their shared

signature;

- To witness SA being realigned to Israel;
- To witness the dethronement of demonic principalities over our nation;
- To witness the birth of a NEW HEART for our nation - spiritually, politically, socially, racially and economically.

THE RESPONSIBILITY TO PRAY FOR OUR GOVERNMENT.

The change needed to CROSS OVER into the new dispensation that God is giving South Africa, lies with the body of Christ the Church. The church is the only agent that has the power to effect lasting change in our nation, to free and open the heavens over South Africa. Thus we are called to pray for our Government, for the AGENCY that God has placed in our nation to protect its citizens, to facilitate peace and well being for a nation and its surrounds.

However there are times in History when the nation of Israel was facing extinction and various fasts were called. The prophets would call for a seasonal corporate prayer and fast, This was the most powerful means of defeating the enemy re:aligning the nation to the God's plan and destiny of the nation. The example of Esther when she had to go before the King because of Haman's plot to destroy the Jews (Esther ch. 4) Ezra called a fast for the protection of the nations Gold, its children and the generations following as the nation was under siege (Ezra ch.8).. Jesus started his ministry with a 40 day fast...(Mt. 4:2-4) South Africa is being faced with similar challenges, our only hope in the transition of a new dispensation for this nation lies in South Africans unifying together in fasting and prayer.

God has given you and I the responsibility to stand in the gap for others lives, to stand and be the difference for all those around us. We must stand for many woman and men, for their growth, breakthrough and prosperity in our church and our nation. Physically, spiritually, and in all area's of life, the power for this advancement strengthen's through the practice of fasting.

THE PRINCIPLES OF FASTING – Self Denial

Fasting is not merely abstaining from food. Many people when they think of fasting, what I can't eat, I have to give up all the chocolates or give up this type of food and that one. To the ladies fasting is not dieting; let me say today, that there is a need food and a programme of fasting. If one uses a medical diet as a fast or if you have a heart

problem or sickness of such like, you need to be careful. With self-control, and by dedicating, a particular time to fast unto God, He will empower you. The blessing of fasting and interceding in prayer for our nation will not only change the nation, but will have a dramatic effect on your personal life. Be encouraged to set this period of 21 days aside for your own personal needs and the needs of the nation. You will be amazed at the GREAT BREAKTHROUGH God will reward you with.

Modern day ministers, such as John Wesley went on a fast of bread only. He was facing situations of demon possession and needed answers for his congregants. Today we enjoy reading the Wesleyan bible. Whenever he was preparing for a new church or needed funding concerning his ministry he could go on a fast. He missed many dinners, and during the time he should have eaten, he would spend praying. There was a revival in the England because one man was prepared to miss his meal.

One time I had a fellow colleague who desperately wanted to be married. She fasted television for many nights, praying during the time she would have spent watching television. It was not long after this fast, God sent her man!

An inheritance was about to be stolen, the family members came together in agreement, and intermittently fasted. On the final day of the court case, God did a miracle exposing two situations of greed and witchcraft. The judge passed judgement in favour of the family members whose inheritance was at risk.

Matthew 16v 24-27"

vs. 24 - Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me.

So it's a process of self-denial that you are losing your life, and you speak to yourself and the Lord the following:

I put this flesh on the altar, and I take this bread and water. I'm going to make this decision, and I purpose in my heart I'm going to separate myself. I am separating myself from all that controls my flesh, hindering personal breakthrough., and breakthrough for South Africa and the nations. God will surely reward you for this period of self denial.

God bring rewards for self-denial. There is the measure of grace given for deny ingthe flesh. To the point that you can deny flesh, is the point where God can do miracles in your life, in South Africa with real breakthroughs together with signs and wonders for lasting change corporately and nationally.

THE BENEFITS OF FASTING FOR A NATION

Rending the heavens over the nation, take an intense period of corporate fasting. South Africa has been dedicated to paganism, witchcraft, racism etc and these are just some of the STRONGHOLDS controlling the heavens. Dislodging the strongman, its hold and legal rights, setting our nation free will require this 21 day period. Jesus stated, this enemy will not come out but by prayer and fasting .. (paraphrased)

Jesus has decreed that we are the SALT of the earth. The main function of salt in relation to food, is it enhances taste, but it also restrains corruption. South African Biltong is a typical example of a food that is preserved through a process of freeze drying with saltification. Salting would not eradicate the corruption, but would deny its infiltration within other foods etc. God desires good governance for South Africa. A government that will protect civil liberties, freedom of speech, freedom of religion, a climate where the gospel can be freely preached. A nation whereby men and woman are free to live in peace...

History is filled with examples of nations that fasted and prayed for breakthrough, for protection and for preservation of government. Kenya is an example of one such nation who gained independence in 1964. Faced with the revolution taking place in Tanzania, the newly elected government was under threat. The plan was to overthrow the government and replace it with the same communist government as in Tanzania. The INTERVENTION came by a group of believers who united in prayer and fasting for their nation...

INDIAN TRIBES PRACTICE FASTING

Many, if not all, the American Indian tribes sought revelation of the Great Spirit through Prayer and Fasting. When they had famines, food shortages, lack of rain, etc., the Great Spirit was sought through prayer and fasting, and their prayers were answered. In certain tribes nearly all Indian children who came to the age of puberty were set aside in prayer CHILDREN FAST and a fast of seven to ten days, to burn out, so to speak, the evil sex desires, so that they would have high moral thoughts, and live a high spiritual life. As they grew and developed into manhood or womanhood the practice of fasting was continued. Is not this a lesson for the American home of today? If this method were taught and put into practice in our day, we would not see as many disobedient sons and daughters who are the source of such grief and heartaches to their parents.

A survey was recently disclosed by a writer of the well-known periodical, the "Presbyterian," which reveals facts that are alarming: Out of 49,000,000 young people in the United States, 36,000,000 have

never set foot inside any church, of any creed. This same writer in another survey, learned from questionnaires sent to 55,000 children of school age that 16,000 of them had never heard of the Ten Commandments, let alone quote the Lord's Prayer. Is this not what we as South Africans are facing today, a youth with no hope, no jobs, a fatherless generation... (excerpt from Atomic power – Franklin Hall)

HOW A DAY OF PRAYER SAVED BRITAIN AT DUNKIRK

Most of us are uneasy about war stories, particularly those that revel in the quantity of death and destruction we unleashed on our enemies. In fact, for the Second World War there are now only three big military events that retain a hold in the public memory. These are Dunkirk, the Battle of Britain and D-Day.

I find it significant that each of these echoes with the great themes of the Bible: Dunkirk is about rescue; the Battle of Britain about deliverance and D-Day about liberation. Dunkirk, however, is a uniquely enthralling story. Who can resist the tale of how, surrounded by overwhelming enemies and faced with imminent annihilation, an entire army escaped to safety by sea? It almost seems like a reworking of the miracle of the biblical Exodus, with the English Channel replacing the Red Sea.

Yet Dunkirk is not simply a gripping story; it is also a thought-provoking one because even today the word 'miracle' hangs over it. Nevertheless, even for the most sceptical, the reality of what happened at Dunkirk is intriguing.

On 10th May 1940, Hitler unleashed a military onslaught on France and Belgium. Within days the British Army – outmanoeuvred and unprepared – along with soldiers of other Allied nations, found themselves with their backs to the sea and hemmed in by enemies. The German High Command was able to boast with confidence that its troops were 'proceeding to annihilate the British Army'. That the total destruction of an entire army was imminent was a view shared by many in the military and political leadership of Britain. Prime Minister Winston Churchill found himself preparing to announce to the public an unprecedented military catastrophe involving the capture or death of a third of a million soldiers.

But it didn't happen. On 23rd May, King George VI requested that the following Sunday should be observed as a National Day of Prayer. Late on the Saturday evening the military decision was taken to evacuate

as many as possible of the Allied forces. On the Sunday, the nation devoted itself to prayer in an unprecedented way. Eyewitnesses and photographs confirm overflowing congregations in places of worship across the land. Long queues formed outside cathedrals. The same day an urgent request went out for boats of all sizes and shapes to cross the English Channel to rescue the besieged army, a call ultimately answered by around 800 vessels.

Yet even before the praying began (in my experience, prayer often works like that) curious events were happening. In a decision that infuriated his generals and still baffles historians, Hitler ordered his army to halt. Had they continued to fight, the destruction of the Allied forces would have been inevitable and the war would have taken a different, darker and more terrible path. Yet for three days the German tanks and soldiers stood idle while the evacuation unfolded.

encouraged by Churchill himself, the phrase 'the miracle of Dunkirk' began to circulate

Not only so, bad weather on the Tuesday grounded the Luftwaffe, allowing Allied soldiers to march unhindered to the beaches. In contrast, on Wednesday the sea was extraordinarily calm, making the perilous evacuation less hazardous. By the time the German Army was finally ordered to renew its attack, over 338,000 troops had been snatched from the beaches, including 140,000 French, Belgian, Dutch and Polish soldiers. Many of them were to return four years later to liberate Europe.

Now you could argue it was all a coincidence, but I think not. It certainly wasn't considered so at the time. Sunday 9th June was declared a National Day of Thanksgiving and, encouraged by Churchill himself, the phrase 'the miracle of Dunkirk' began to circulate.

We live in a world where people are not simply cautious about miracles but they prefer to rule them out entirely. In much of public culture it is an unchangeable and unbreakable rule of life that the miraculous cannot and does not occur. The view is that while we may pray, there is no one on the other end of the line. It's curious how we have come a full circle: in the past, few dared argue with the religious faith that saw the hand of God everywhere; now few dare argue against the atheistic faith that sees God's hand nowhere. The events of Dunkirk might make us want to reconsider the elimination of God as an actor from history and politics. On a more practical level, looking at the challenges facing the British nation, the idea of praying to God for deliverance seems to be something well worth encouraging.

Indeed I think Dunkirk stands as an extraordinary encouragement to pray in faith. However great our problems, God is greater than them all. That 'Dunkirk encouragement' to pray in times of need applies at every level of life and to every challenge, from what may be a petty domestic crisis to a national disaster. And although our nation may not face imminent military catastrophe on the scale that it did in 1940, you don't have to look hard to see major and overwhelming problems. Dunkirk may have been a military epic that should be remembered but, far more importantly, it is an encouragement to pray. (excerpt from premier christianity.com)

The question many would ask is, how do we begin the fast?

Understanding the various types of fasts, the principle of self denial and being led by the Holy Spirit will give one a strong foundation in the fast.

TYPES OF FASTS

1. Daniel Fast – <http://www.daniel-fast.com/free-guide/>

Daniel a prophet called to the mountain of government and business, successfully fasted for 21 days. Under siege and in captivity Daniel and his three friends refused to eat the food served by the King, this fast lasted for 10 days. Daniel then being so disturbed and burdened for his nation takes a 21 day fast, focussing in prayer, refusing all kinds of delicacies, he sets this period apart, and after much prayer, an angel meets with him for the answer to the problems of His nation.

A TYPICAL DANIEL FAST MEAL:

Breakfast: fruit salad, nuts, legumes

Lunch: a salad with any ingredients, not including protein of: meat, fish, dairy or fish

Supper: starch in the form of: rice, potatoes, legumes, and any other variety of vegetables

Drinks: water, fruit juice, health drinks of a plant nature. NO coffee or tea. We suggest you wean yourself off caffeine drinks before the fast...

2. The water fast – Jesus in the beginnings of his ministry receives instruction to commence his ministry with a 40 day water fast.

3. Fasting with no food or water – (short periods only) Our body is made up of 70% water, it is not advisable to do these types of fasts for long periods...

PERSONAL FASTING IN COMMUNITY

Decide what type of fast you will do. If you are new to fasting, remember it is the principle of self-denial. Perhaps you would like to start omitting one meal a day, or one delicacy a day. May your fast grow stronger to where it becomes a full Daniel fast by the end of the 21 day period.

1. Set time aside each day to pray over the prayer points for this nation
2. Pray the prayer points and scriptures set out in this article, pray in faith expecting God to hear our cries.
3. Keep a diary recording what God is saying to you during this time
4. Don't be put off by temptation, the flesh is weak and should you fall, get right back again, and continue the fast.

FASTING IN COMMUNITY

We make a request that church's and communities would gather together in small groups, calling specific prayer times for our nation, and for our communities. As leaders can we please integrate this time of fasting into our church activities, for the sake of our nation and for the sake of the next generation. This 21 day period is only a tip on the iceberg, in the light of eternity, and HOW God will turn SA around. SabacktoGod will be having regular intercessory praise and worship meetings during this fast.. we will be going live stream on Facebook.. keep updated with our website... www.sabacktogod.co.za

PRAYERS TO PRAY DURING THE FAST

General Prayers – Dr Pearl Kupe

Courtroom Prayer – Beverley Watkins

CONCLUSION:

As a unified body, we are expecting this fast to result in healing, holiness and help from above! We are expecting a CROSSING OVER

into a new dispensation for South Africa. We are expecting the HEAVENS TO OPEN over our nation, and for God to shine His light on SA. Then your light will break forth like the dawn, **and your healing will** quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry for help, and he will say: Here am I. Is. 58;6-9

For more information on Janet and Bill's ministry:

Janet is a prophet who ministers in churches across SA and internationally and who also, under the radar, speaks into the lives of SA politicians across the full political spectrum. She is also the founder of SA Back to God, a prayer and fasting movement not linked to or favoring any political party, but focusing on aligning SA to its full redemptive purpose, bringing breakthrough and promoting national unity. She and her husband Bill are under the covering and attend Acts Church, Midrand, Johannesburg -. Pastor Peter de Fin.

previous fasts – www.sabacktogo.co.za

Janet's book: 'Why fast? The secret to a supernatural lifestyle! Can be purchased off the Ruach Ministries website:

<http://ruachministries.co.za/product/why-fast-the-secret-to-a-supernatural-lifestyle/>